# WELCOME TO GENOA CROSS COUNTRY 1991

Today begins another fine year for Genoa Cross Country. We welcome you to share in that experience. But every year is a good year r cross country running. As a sport or as an activity it has much to fer. Running, man's most natural sport, helps keep the heart and lungs in excellent condition, contributes to good muscle tone, and permits good blood and oxygen circulation. The runner also has the opportunity and the pleasure of experiencing the natural environment and appreciating its beauty. Cross country offers the additional opportunities to enjoy interscholastic competition (and everyone does compete), to meet new people, and to be a part of a team. It also gives the individual the opportunity to establish personal goals and to work towards the achievement of those goals; to experience the frustrations of failure and the satisfaction of success. So it is that cross country offers the best of both worlds--runners in a common pursuit of team points that have some relevance without destroying the individual character of the run. The runner gets to run his own race and at the same time gets the good vibrations that come with team effort and unity. With each runner doing his best, he contributes to the best effort for the team as a whole. As a result, each runner tends to grow as a human and realizes at the end of the season that he is a better person because of the total cross country experience.

It will be our pleasure to work with you this season. We will do our best to make this experience for you a pleasurable and meaningful one. I hope you will do as much for yourself and your teammates. And may we together maintain our program as "An Example of Excellence."

# DAVE MILLER AND CHRIS HAEFT

#### 1991 CC Schedule

					CONTRACTOR DESCRIPTION	_		1 7		1 4 M + 1
Tues.	Aug.	27	_	Eas	stwood/Elmwood	Tues.	Sept.	11	-	At Northwood
Thurs.	Aug.	29	_	At	Delta/Lake	Wed.	Sept.	18	Ψ.	At Clay
Sat.					Port Clinton Inv.	Sat.	Sept.	21	-	At Malone Inv.
Tues.	Sept.	3	_	At	Lakota/Woodmore					At Clay Inv.
Thurs.	Sept.	5	_	At	Maumee/etc.					At Lakota Inv.
Thurs.	Sept.	7	-	At	Tiffin	Tues.	Oct.	15	-	SLL
Tues.					Otsego/Gibsonburg	Sat.	Oct.	19	-	District
Sat.	Sept.	14	_	At	Perrysburg Inv.	Sat.	Oct.	26	-	Regional
	-					Sat.	Nov.	2	_	State

In Search



EXGELLENGE

# A Brief History of Genoa Boys Cross Country

Cross Country for boys at Genoa began in 1967. But as was common then, it was more a conditioning program for other sports than it was a sport itself. In 1969, James Mericle, a new coach, changed the emphasis and began to build a program for runners. When I took over the program in 1972, I inherited a small group of men who were truly interested in running. That year Genoa had its first winning season. With the exception of 1973, when we were 4-5, every season since has resulted in a winning record.

Since 1974, with dedicated runners and inspired leadership, the program has been superior by anyone's standards. The dual meet record since then stands at 211-36. We have truly become one of Ohio's best programs.

Some of our accomplishments in the 17 years beginning with 1974:

- (1) Seventeen consecutive winning seasons
- (2) Four SLL championships
- (3) First, second, or third in 49 major invitationals
- (4) District champions or runners-up nine times
- (5) Two regional runners-up
- (6) Participants in the regional 17 times
- (7) Team advancement to regional 11 times
- (8) Thirteenth in State meet in 1975 and third in 1990
- (9) Represented in the State meet 11 times
- (10) Finished in top half of SLL 16 times
- (11) SLL individual champion seven times
- (12) Four undefeated dual meet seasons
- (13) Eight All-Ohio runners.

We, also, at this point have won 3 consecutive SLL championships, 53 consecutive dual meets, and have been ranked in the top 10 in the statewide coaches poll for the last 4 years. This is an impressive record.

But it is a record not made by scores of exceptional runners, though we have had our share of them. It has been made mostly by average runners willing to work hard and get the most from the talent they did have. This has been the essence of the program--runners doing the best they could. Herein lies our future. It is the approach that will ensure that Genoa Boys Cross Country will continue as....

"An Example of Excellence"

# GENOA CROSS COUNTRY 1990 RECORD

<u>\_\_ual\_Meets</u> Won - 15 Lost - 0

Tiffin Carnival 1st of 29 Teams

SLL 1st of 8 Teams

<u>Perrysburg Invitational</u> 1st of 17 Teams

Lakota Invitational 1st of 21 Teams

Clay Invitational 1st of 15 Teams

Malone College Invitational 1st of 23 Teams

District 1st of 13 Teams

Regional 2nd of 11 Teams

<u>SLL - Individual Champion</u> Bill Werner

All-League
Bill Werner - 1st Team
Chris Lau - 1st Team
Jon Scheffer - 1st Team
John Elmers - 1st Team
Pat Jones - 1st Team
Jeff Harrison - 2nd Team

# RECORDS AND HONORS

Best Runners
Pichard Garcia - 1973-75 (2 miles)
Ed Stone - 1975-77 (2.5 miles)
Bill Smith - 1980-82 (3.1 miles)
Bill Werner - 1988-90 (3.1 miles)

Best Dual Record
1975 11-0 (2 miles)
1977 10-2 (2.5 miles)
1988 19-0 (3.1 miles)
1989 17-0 (3.1 miles)
1990 15-0 (3.1 miles)

<u>Most Successful Seasons - Duals</u> 1975 - Undefeated 1988 - Undefeated

1989 - Undefeated

1990 - Undefeated

Home Course Record (2 Miles)
Richard Garcia - 1975 (10.02)
Ed Stone - 1976 (10.02)

Home Course Record (2.5 Miles) Bill Smith - 1981 (13.00)

Home Course Record (3.1 Miles) Jason Gladden - 1986 (16.17) Bill Werner - 1990 Best 2 Man Relay - 6 Miles Bill Smith 1982 - 29.23 Rob Cashen

Most State Participations
Richard Garcia - 2 (1974-1975)
Ed Stone - 2 (1975-1976)
Charles Tuttle - 2 (1978-1979)
Bill Smith - 2 (1981-1982)
Jason Gladden - 2 (1985-1986)
Bill Werner - 2 (1989-1990)

Most District Honors Ed Stone - 1975-76-77

<u>SLL Champions - Team</u> 1975, 1988, 1989, 1990

State Honors 13th - 1975 3rd - 1990

<u>SLL Individual Champions</u>
Ed Stone - 2 (1976-1977)
Bill Smith - 2 (1981-1982)
Chris Haeft - 1988
Bill Werner - 2 (1989-1990)

Four Year Lettermen Kevin Gladden - 1970-73 Steve Campbell - 1972-75 Rick Campbell - 1973-76 Charles Tuttle - 1976-79 Jeff Flynn - 1976-79 Steve Kruse - 1978-81 Tim Holcombe - 1982-85 Dan Dangler - 1982-85 Tom Littlefield - 1982-85 Andrew Littlefield - 1983-86 Jason Gladden - 1983-86 Ray Burrey - 1984-87 Matt Geiser - 1984-87 Chris Haeft - 1986-89 Bret Hilbert - 1986-89 Chris Lau - 1987-90

3.1 Mile Record Bill Smith - 1982 (15.32) All State Runners
Richard Garcia - 1974 (15th)
Ed Stone - 1976 (17th)
Charles Tuttle - 1979 (11th)
Bill Smith - 1982 (4th)
Jason Gladden - 1986 (22nd)
Bill Werner - 1990 (2nd)
Jon Scheffer - 1990 (7th)
Chris Lau - 1990 (12th)

<u>District Team Honors</u> Champions - 1975-1990 Runner-up - 1976-77-78-84-86-88-

Regional Team Honors Runner-up - 1975-1991

<u>District Individual Champion</u> Bill Smith - 2 (1981-1982) Bill Werner - 1990

Regional Individual Champion Bill Smith - 1982

> 1977. 10-2 (2.6 miles) 1988. 19-0 (2.1 miles)

Home Course Record (2 Miles] scoberd Garcia - 1875 (10,02 Ed Stone - 1076 (10.02)